

Personal Ministry: Speaking the Truth in Love

Church in the Wildwood

Date: 2/01/15

This Week's Spiritual Workout:

1. Verses to Memorize and Meditate on: 2 Timothy 3:15-17
2. Discovering Wonderful Things (DWT): Psalm 86:5-7 (Fighter Verses)
3. Assigned Reading:
Instrument in the Redeemer's Hands, Chapter 3
Counseling: How to Counsel Biblically, Chapter 3
4. "Drawing Out the Purposes of the Heart" (sent by email)

Today's Lesson:

Foundations of Biblical Counseling and Discipleship: Biblical Counseling and Discipleship is Sufficiently Equipped

I. Biblical Counseling is Sufficiently Equipped

The Doctrine of Sufficiency of Scripture

"The whole counsel of God, concerning all things necessary for his own glory, man's salvation, faith, and life, is either expressly set down in scripture, or by good and necessary consequence may be deduced from scripture; unto which nothing at any time is to be added, whether by new revelations of the Spirit, or traditions of men" (Westminster Confession of Faith, article 1:6).

A. The Bible is Sufficient (as the source of our counseling wisdom and power)

1. Sufficient to understand Man and His Environment

a. Man's knowledge is _____

b. Man is _____ (or radically corrupt)

1) Total depravity

2) Total Inability

3) Noetic Effect of sin (not "Noah", but from *nous* "mind")

***"If one fails to take seriously God's infallible diagnosis of this malady, attempts at treatment will be at best directed only to symptoms and the result will be fatal."*¹**

4) The sin nature has affected the _____ of the observations that secular scientists make in the psychologies

5) The Bible offers a panoramic view that allows a true _____ of human nature.

¹ Zemek, George, *Grace Theological Journal Volume 5* (Winona, IN: Grace Seminary, 1984), 205.

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2. Sufficient to Change Lives, because it is...
 - a. Inspired
 - b. Inerrant
 - c. Infallible
 - d. SUFFICIENT!

Sufficient for all aspects of ministry to people: 2 Tim. 3:16-17

for **teaching** –

for **reproof** –

for **correction** –

for **training in righteousness** –

that (*in order that*) the man of God (the preacher) may be complete, (thoroughly) equipped for every good work.

to make someone completely adequate or sufficient for something...to furnish completely, to cause to be fully qualified. Cf. Luke 6:40

The Scripture's teaching on its own sufficiency: Psalm 19:7-9

The law of the LORD is **perfect**, *reviving the soul*;

the testimony of the LORD is **sure**, *making wise the simple*;

the precepts of the LORD are **right**, *rejoicing the heart*;

the commandment of the LORD is **pure**, *enlightening the eyes*;

the fear of the LORD is **clean**, *enduring forever*;

the rules of the LORD are **true**, and *righteous altogether*.