

Personal Ministry: Speaking the Truth in Love

Church in the Wildwood

Date: 2/08/15

This Week's Spiritual Workout:

1. Verses to Memorize and Meditate on: 1 Timothy 2:5 (Fighter Verse)
2. Discovering Wonderful Things (DWT): 1 Timothy 2:5-6
3. Assigned Reading: Gospel in Context (Outline)
4. "Drawing Out the Purposes of the Heart" (sent by email)

Today's Lesson:

**Foundations of Biblical Counseling and Discipleship:
Biblical Counseling and Discipleship is Sin-conscious and Evangelistic**

I. Biblical Counseling and Discipleship is Sin-conscious

A. Recognizes the _____ of sin

1. For _____ and _____ (Gen 3:7-5:5)
 - a. Guilt, shame, remorse (3:7; cf. 2:25)
 - b. Fear, hiding, covering up (3:8-10)
 - c. Blame-shifting (3:11-13)
 - d. Increased pain (3:16)
 - e. Struggle (3:16, 17-19)
 - f. Loss of paradise (3:23-24)
 - g. Death (5:1-5)
2. For Their _____ (Rom 3:9-18)
 - a. All under sin (3:9)
 - b. None righteous (3:10)
 - c. None understand (3:11a)
 - d. None seek God (3:11b)
 - e. None do good (3:12)
 - f. Wicked tongues (3:13-14)
 - g. Destructive (3:15-16)
 - h. Without peace (3:17)
 - i. No fear of God (3:18)
3. For the _____ (Rom 8:20-22)

B. Recognizes the competing (man-centered) theories of the world about man's problems

1. **Psychic Determinism**
2. **Unmet Psychological Needs**
3. **Indwelling Demons**
4. **Poor Socialization**
5. **Past/Present Victimization**
6. **Inborn Temperament**
7. **Genetic/Biological Determinism**
8. **Circumstantial Determinism**

II. *Biblical Counseling is Evangelistic*

A. Because of Man's Problem

1. **Sinners Falling Short (Rom 3:23)**
2. **Needing to be Saved (Isa 64:6)**
3. **Needing to be Sanctified (Heb 12:14)**

B. Because of God's _____

1. **It is NOT through _____**
2. **It is through the _____ - _____ (not just a message to believe, but a person to follow—a disciple is a follower)**
 - a. **Our Substitute in life and death**
 - b. **Our Intercessor and Representative**
 - c. **Our Power to overcome sin**
 - d. **Our Ruler**
 - e. **Our Hope**
3. **Three elements of _____**
 - a. **Notitia**
 - b. **Assensus**
 - c. **Fiducia**

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4. Implications of true, saving faith for Biblical Counseling

C. Because of God's _____

1. **Matthew 28:19-20**
2. **Romans 10:13-15**
3. **Biblical counseling points out sin and naturally leads people to the cross. (2 Tim. 3:16)**
4. **Biblical counseling helps focus the pre-existing, but misplaced worship, of both believers and unbelievers, to the only Living God.**
5. **God commands us to create more worshipers. (Ps. 67, Is. 12, 1Th 1:9, Jn. 4:23, Hab. 2:14)**

III. *Practical Guidelines for Presenting the Gospel in Counseling*
(from Stuart Scott)

Remember: the _____ is the most important thing

Spend at least one session with each person focused on the Gospel.

What if they are not a believer and have no interest in becoming one?

Share the whole _____

Ask yourself, "How are they processing the Truth of the Gospel of Jesus Christ into their lives?"

This would include both the _____ and _____ of the Gospel.

- Eph. 2:8-9 AND Eph. 2:10
- Titus 2:11 AND 2:12-14
- Titus 3:3-7 AND 3:8